CITY OF LONDON WALKING MAP



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LIVING STREETS

WALKING ROUTE 1

A TOUR OF SECRET CITY GARDENS

(approx. 20 minutes)

Leaving Plantation Place, walk south on Mincing Lane, cross Great Tower Street and continue down St Dunstan's Hill until you reach St Dunstan in the East Garden.

Leave through the south corner of the garden and continue down the road turning right onto Lower Thames Street, and right again into Monument Street. Turn right onto Fish Street Hill passing The Monument (climb to the top for a great view).

Head north on Gracechurch Street, until you take a left at Corbet Court to the secluded Church of St Michael Cornhill Garden. Close by is St Peter upon Cornhill Garden.

To walk back to the office, leave the gardens via St Peter's Alley, cross Gracechurch Street and continue through Leadenhall Market. Exit the market onto Lime Street, walking left, then right onto Fenchurch Avenue. Turn right down an alleyway to reach Fen Court Garden.

Plantation Place is round the corner; walk south onto Fenchurch Street and turn right to reach the office.

WALKING ROUTE 2

WALKING MEETING ROUTE TO ST KATHARINE'S DOCK (approx. 30 mins)

From Plantation Place, start by walking south on Mincing Lane and turn left along Great Tower Street. Continue left along Byward Street and explore Trinity Square Gardens on your left. After the gardens, take the stairs to the underpass immediately on the left under Tower Hill Road and follow the signs for St Katharine's Dock.

Continue on the path along the northside of the Tower, under Tower Bridge Road, you are now entering St Katharine's Dock, which you can walk along the western edge before ending up on the Thames Path (signposted).

After exploring the dock join the Thames Path heading west, with the river on your left, walk under Tower Bridge Road, past the Tower of London on your right. Turn right up alongside the Tower, heading away from the Thames. Take a left behind All Hallows Church to emerge on Byward Street.

Return to the office the way you came along Great Tower Street and Mincing Lane.

FEEL FITTER

Walking helps improve your heart health and blood pressure

WALKING ROUTE 3

RIVERSIDE LUNCHTIME WALK

(approx. 45 minutes)

Leave Plantation Place and head south on Rood Lane. Turn right on East Cheap and walk past the Monument. Turning left, cross the Thames over London Bridge, look out for the steps on the right side of the bridge and walk down to join the Thames Path (signposted) on Montague Close. Follow the Thames Path west, passing the Golden Hinde and the Globe Theatre.

At Tate Modern, cross back over the Thames on the Millennium Bridge, with St Paul's in the distance. Make a u-turn right down the stairs to Paul's Walk. You are now on the north bank section of the Thames Path.

Continue east along the Thames Path then return to Plantation Place via the Monument.

FEEL HAPPIER

A 20 minute walk can boost your mood

WALKING ROUTE 4

HISTORY AND ARCHITECTURE WALK

(approx. 60 minutes)

There's so much history and architecture that stretches back hundreds of years in the square mile, and this walk takes in a few iconic examples.

Leave Plantation Place, walking west along Fenchurch Street and continuing onto Lombard Street until you reach the Bank of England headquarters, located here since 1734. Turn left along Queen Victoria Street as far as Mansion House station, before taking a right at the fork towards St Paul's Cathedral; Wren's masterpiece that dominated the skyline for 300 years. Explore Festival Gardens before heading north onto St Martin's Le Grand.

Turn right onto Gresham Street. Eventually you'll pass Guildhall on your left – parts of which have existed since the mid-15th century. Continue onto Lothbury, and turn right down Bartholomew Lane, left onto Threadneedle Street, and right again down Finch Lane.

Once on Cornhill, turn left and keep going until you can turn right into Leadenhall Market (active since the 14th Century) via Whittington Avenue. Take in the market and exit via Lime Street Passage, turning left onto Lime Street and then right along Cullum Street. Plantation Place will be ahead of you.

CHOOSE TO WALK

Walking doesn't just make people feel healthier, it has also been proven to reduce stress levels and make us feel happier.

All of us should aim to do some kind of physical activity on a daily basis. Ideally, this activity should add up to at least 150 minutes of moderate exercise (a brisk walk) each week, in sessions of at least ten minutes.

All you need to get started is a pair of comfy shoes and this map.

With the city on your doorstep there are lots of places to explore on foot.

Try one of our four walking routes, and walk your way to feeling happier, healthier and more productive at work.

HOLD A WALKING MEETING

Who said you had to sit down around a table for a meeting?

In reality, the most creative moments take place outside them. You'll get a change of scenery, boost your energy, get some fresh air and burn a few calories too.

Try getting out for a walking meeting and feel energised and inspired.

- Keep it to no more than four people.
- Avoid busy roads that might make it difficult to hear.
- Assign someone to take actions and circulate them after the meeting.

This map has been produced by Living Streets, the UK charity for everyday walking.

We want to create a walking nation where people of all generations enjoy the benefits that this simple act brings, on streets fit for walking.

www.livingstreets.org.uk

Useful links

City of London Walks: a variety of self-guided walks across the City.

www.cityoflondon.gov.uk/things-to-do/ visit-the- city/walks/Pages/self-guided.aspx

Walk London: over 40 free walks across London.

www.walklondon.org.uk

Transport for London

www.tfl.gov.uk/modes/walking

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CITY OF LONDON WALKING MAP

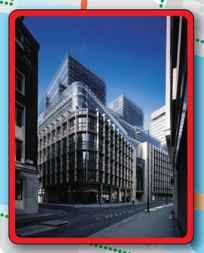
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Key

- Accenture sites
- Thames Path
- Points of interest
- Route 1
- Route 2
- Route 3
- Route 4

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WEST END



Farringdon
Barbican
Aldersgate
Moorgate
Liverpool Street
Bishopsgate
Spitalfields
Chancery Lane
City Thameslink
St Paul's
Aldgate
Aldgate East
Bank
Cornhill
Mansion House
Cannon Street
Monument
Tower Hill
Tower Gateway
Fenchurch Street
Blackfriars
Bankside
London Bridge
London Bridge City
Tower
Maughan Library
Queen Mary University of London West Smithfield Campus
Museum of London
The Barbican
Guildhall School of Music & Drama
St Bartholomew's Hospital
Guildhall
CITY OF LONDON
Festival Gardens
St Paul's Cathedral
St Paul's Cathedral School
Bank of England
The Royal Exchange
Leadenhall Building
30 St Mary Axe The Gherkin
Sir John Cass's Foundation Primary School
Heron Tower
Lloyds of London Offices
Church of St Michael Cornhill
St Peter upon Cornhill
St Peter upon Cornhill Garden
Church of St Michael Cornhill Garden
Fen Court Garden
20 Fenchurch Street
Plantation Place
The Monument
Finsbury Circus
Trinity Square Gardens
St Dunstans in the East Garden
St Dunstans in the East
All Hallows Church
Tower of London
HMS Belfast
The Shard
City Hall
Kings College London Guy's Campus
Blackfriars Railway Bridge
Cannon Street Railway Bridge
River Thames
Tate Gallery of Modern Art
The Globe Theatre
City of London School
University of Westminster
Oxford Circus
Middle Temple
Inner Temple
Goodman's Yard
Minories
Crutched Friars
Mincing Lane
Great Tower Street
Lime Street
Fenchurch Avenue
Fenchurch Street
Gracechurch Street
Lombard Street
Queen Victoria Street
Upper Thames Street
Lower Thames Street
Victoria Embankment
Blackfriars Bridge
Millennium Bridge
Southwark Bridge
London Bridge
Tower Bridge
Blackfriars Underpass
Southwark Street
Borough High Street
Duke Street Hill
Tooley Street
Threadneedle Street
Cheapside
Poultry
Lothbury
Throgmorton Street
Old Broad Street
Wormwood Street
London Wall
Basinghall Av
Gresham Street
Newgate Street
Holborn
Holborn Viaduct
Fleet Street
Ludgate Hill
Carter Lane
St Paul's Church Yard
Watling Street
Bread Street
Milk Street
Wood Street
Foster Lane
Gutter Lane
Cheapside
New Change
Queen Victoria Street
Cannon Street
Cloak Lane
Dowgate Hill
Walbrook
King William Street
Abchurch Lane
Nicholas La
Clement's Lane
Lombard Street
Fenchurch Street
Cullum St
Lime Street
Fenchurch Ave
Mark Lane
Seething Lane
Pepys Street
Crosswall
Coopers Row
Byward St
Trinity Square
Tower Hill
Tower Bridge Approach
St Katharine's Way
Shad Thames
Tooley Street
Duke's Place
Bevis Marks
Camomile St
Houndsditch
Whitechapel High St
Commercial Street
Old Castle Street
Brune Street
Wentworth Street
Toynbee Street
Brushfield Street
Fashion Street
Artillery Lane
Sandy's Row
Middlesex Street
Cobb Street
Bell Lane
Gun St
Crispin St
White's Row
Folgate Street
Primrose Street
Pindar Street
Spital Square
Lamb Street
Hanbury Street
Princelet Street
Puma Ct
Fournier Street
Brick Lane
Commercial Street
Wilkes Street
Earl Street
Sun Street
Appold Street
Finsbury Square
Finsbury Pavmnt
Finsbury Street
Wilson Street
Lackington St
Ropemaker Street
Moorfields
Eldon Street
South Place
Finsbury
Circus
Blomfield Street
Old Broad Street
New Broad St
New Street
Liverpool Street
Sun Street Passage
Bishopsgate
Moor Lane
Milton Street
Chiswell Street
Silk Street
Beech Street
Fann Street
Golden Lane
Whitecross St
Sutton Way
Lamb's Passage
Bunhill Row
City Road
Finsbury
Britton Street
Briset St
St John's Lane
Albion Pl
Eagle Ct
Benjamin St
Turnmill Street
Hatton Place
St Cross Street
Saffron Hill
Kirby Street
Hatton Garden
Greville Street
Farringdon Road
St John Street
Cowcross Street
Charterhouse Square
Charterhouse Street
Grand Ave
Linsey St
Hayne St
Long Lane
Middle St
Cloth Fair
Bartholomew Cl
West Smithfield
Smithfield St
Hosier Lane
Snow Hill
Cock Lane
Giltspur Street
Little Britain
Montague St
Albion Way
Aldersgate Street
Wood Street
Cripplegate
Fore Street
Fore St
Brooke St
Ely Place
Holborn
Furnival Street
Norwich St
Cursitor Street
Fetter Lane
New Fetter Lane
Shoe Lane
St Andrew St
Farringdon Road
Bream's Buildings
Chancery Lane
Carey St
Bell Yard
Fetter Lane
Limeburner Lane
Old Bailey
New Court
Warwick Lane
King Edward St
St Martin's le Grand
Noble Street
Foster Lane
Wood Street
Love La
Ironmonger Lane
Old Jewry
Prince's Street
King Street
Queen Street
Bow Lane
Bread Street
Watling Street
Queen Victoria Street
Mansion House
Distaff Lane
Friday St
Bread St
Garlick Hill
Queen St
College Street
Cannon Street
Cloak Lane
Dowgate Hill
Walbrook
King William Street
Abchurch Lane
Nicholas La
Clement's Lane
Lombard Street
Gracechurch