



Salisbury to the New Forest

Cycling Map

The New Forest National Park



The New Forest National Park is an extraordinary place. Indeed William the Conqueror, who set aside the 'New Forest' for hunting more than 900 years ago would probably recognise much of it today.

It is one of the last places in southern England to offer a sense of wilderness and tranquility and is a wonderful area to explore by bike or on foot.

Arriving in Nomansland from Salisbury, you can plan your own way south towards Brockenhurst. The route is unsigned from this point onwards, but the quiet lanes are easy to follow.

Here you'll experience the open heathlands of the National Park, before crossing beneath the A31 and travelling down the iconic Bolderwood and Rhinefield ornamental drives. This area is home to some of the oldest and tallest trees in England.

Cycling is a great way to discover the beauty and fascinating wildlife of the New Forest. The National Park is an ideal place

to leave the car at home, or at your accommodation, and enjoy exploring on the cycle-friendly flat ground.

The New Forest National Park has many quiet country lanes, perfect for cycling, as well as over 100 miles of waymarked family-friendly cycle tracks to explore, much of it off-road and traffic free.

Old maps show that much of the Hamptworth Estate was until relatively recently a landscape of open heath and woodlands just like the New Forest as we know it today. The mixed woodland that now makes up much of the estate provides a tranquil and beautiful route for the bridleway to wind through.

A place of outstanding natural beauty, the unique landscape is shaped by the grazing of ponies, cattle and pigs that roam freely. These animals may appear wild, but they are owned by people called commoners.

For further information about cycling in the New Forest National Park please visit:

www.newforestnpa.gov.uk/cycling

Getting there by public transport



It's easy to hop off a train and go for a cycle ride from Brockenhurst in the New Forest, or Salisbury train station.

The New Forest tour bus carries bikes free of charge: check the routes at www.thenewforesttour.info

If you are travelling by folding bike why not take the bus? The **X3** runs from Salisbury to Fordingbridge, a short walk from the Sandy Balls Cycle Centre. It also stops 1 mile from Breamore House, an Elizabethan Manor with fine paintings and furniture, before continuing to Ringwood and Bournemouth.

The **X7** runs from Salisbury to Hamptworth, to Peppa Pig World at Paultons Park, and on to Totton rail station and Southampton.

The **44** takes you from Salisbury to Downton and Woodfalls: a great place to start a walk into the Forest.

You can pick up the Salisbury Bus Walks map from Salisbury's Information Centre, or plan your own bus walk.

For further information about public transport, please visit: www.connectingwiltshire.co.uk
Try our online journey planner or interactive bus map.

Salisbury



Useful information

Plan your journey and find information for all travel into and around Wiltshire at:

www.connectingwiltshire.co.uk



You can use our online journey planner, find money-saving tips, report maintenance issues and find maps, timetables, local cycle groups and cycle hire.

@connectingwilts

www.facebook.com/connectingwiltshire

email: connectingwiltshire@wiltshire.gov.uk

New Forest Cycling Code

The New Forest is a working forest, with forestry, farming and equestrian activity on its narrow roads and tracks.

Ponies, cattle and other animals are free to roam the Forest and most of its roads.

Be aware that animals are easily startled and may suddenly move into your path.

To make the most of cycling in the New Forest, please make sure you take care of yourself and the environment by following our New Forest Cycling Code below.

Be considerate ...

- Ride positively and well clear of uneven road edges but with consideration for other road-users. To allow vehicles to overtake safely, leave gaps for them to pull into and move into single file when necessary and safe to do so. Never ride more than two abreast.
- Off road, cycle only on the waymarked network of Forestry Commission tracks, bridleways, byways, restricted byways and designated routes.
- Plan your route, check for route closures, and try to be off Forest tracks by sunset.
- Be polite to other cyclists, motorists, pedestrians and residents.
- When passing people and animals, use your bell or call out a warning and allow them plenty of room. Be prepared to stop if necessary.
- Do not drop litter or feed the animals; human food and litter are a danger to them.
- Close gates behind you so the animals don't stray.
- Respect the quiet of the Forest.



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Be safe ...

- Pass animals slowly and to one side if possible.
- Take extra care near horse riders; a kick or fall from a horse could be fatal. Be prepared to stop. Use your bell or call out a friendly warning well in advance. When it is safe, pass wide and at a walking pace, to one side only. Look out for any reaction from the horse.
- Keep to a safe speed, on and off road, particularly on narrow lanes, steep hills and bends. Look out for potholes, poor surfaces and cattle grids.
- Look out for and obey safety signs. Do not pass large vehicles and trailers until you know it is safe to do so.
- Ensure you are visible by wearing bright or reflective clothing. Use lights after dark and in poor daytime visibility.
- Avoid the use of earphones.



Make sure you keep up-to-date with the rules of the road at: www.gov.uk/highway-code

Attractions in the area



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Be inspired by the peace and beauty of **Salisbury Cathedral**. Discover the world's finest original Magna Carta, Europe's oldest working clock, Britain's tallest spire and over 750 years of history. Located within the Cathedral Close is The Salisbury Museum: home of the award-winning Stonehenge Gallery, the Monkton Deverill gold torc, the Warminster Jewel and the famous 'Amesbury Archer'.

Displays include prehistory, the Romans and Saxons, history of Old Sarum and Salisbury (with the renowned Giant and Hob-Nob), the Pitt Rivers Collection, pottery, porcelain and Wedgwood, costumes and paintings.

For up-to-date information about these sites and more go to: www.visitwiltshire.co.uk

Downton is a charming village which can trace its roots to the Iron Age. The annual Cuckoo Fair which takes place in April or May has a wide range of entertainment including a maypole, Morris dancers and live music.



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Created in the early 18th century out of the ruins of a substantial 12th-century earthwork castle, Downton Moot Garden is open 365 days a year from dawn to dusk and admission is free.

Please note that cycles may not be taken into the site. Cycle parking is due to be installed in the car park. www.downtonmoot.co.uk



Bike hire



- Bike hire:**
- Hayball Cyclesport, Salisbury
Tel: 01722 411378
www.hayball.co.uk
 - CycleExperience, Brockenhurst
Tel: 01590 624808
www.newforestcylehire.co.uk
 - Forest Leisure, Burley
Tel: 01425 403584
www.forestleisurecycling.co.uk
 - Sandy Balls Cycle Centre, Godshill
Tel: 01425 653042
www.sandyballs.co.uk/cycle-centre

