


Travel to
Lewisham Council
Sites



Lewisham Council

1 Catford Road, London SE6 4RU
t: 020 8314 6000

Wearside Service Centre

Wearside Road, London SE13 7EZ

The Parking Shop

2 Rennell Street, London SE13 7HD
t: 08452 185 248

Kaleidoscope

32 Rushey Green, London SE6 4JF

www.lewisham.gov.uk



Catford Complex

By Bike

Lewisham Council sites in the Catford Complex are well served by cycle routes, located near National Cycle Network route 21 and London Cycle Network route 22.

By Foot

There are lots of green spaces including Mountsfield Park and Ladywell Fields to explore within 10 minutes walk of the Catford Complex. Why not have a 'walking' lunchtime meeting? Visit www.walkit.com to plan a route.

By Bus

14 buses serve Catford daily, shown on the map overleaf. For up-to-date bus information visit www.tfl.gov.uk

By Train

Catford and Catford Bridge stations are located within 5 minutes walk of the Catford Complex. Bikes are allowed on most trains outside of peak times (check with individual train operators) and fold up bikes are allowed on trains at all times. For train times visit www.nationalrail.co.uk

Wearside Service Centre

By Bike

Wearside is located just off National Cycle Network route 21.

By Foot

There are lots of green spaces to explore nearby. Why not plan a 'walking' meeting in Ladywell Fields or Hilly Fields? Visit www.walkit.com to plan a route.

By Bus

17 buses serve routes along Lewisham High Street and Ladywell Road, shown on the map overleaf. For up-to-date bus information visit www.tfl.gov.uk

By Train

Ladywell station is the closest to Wearside and is within 5 minutes walking distance. Lewisham station is 10 minutes away. Bikes are allowed on most trains outside of peak times (check with individual train operators) and fold up bikes are allowed on trains at all times. For train times visit www.nationalrail.co.uk.

The East London Railway (formerly the East London Line) provides direct links with North London and runs on the line through Brockley, see map overleaf. Brockley station is 30 minutes walk from Wearside. For live travel news visit www.tfl.gov.uk

Travel between Catford and Wearside

By Bike

The journey between Catford and Wearside can be made within 10 minutes travelling either along the main roads or through the more scenic Ladywell Fields.

By Foot

Similarly the journey can be made using either the main roads or Ladywell Fields within 25 minutes.

By Bus

7 routes run along the main road between Catford and Wearside meaning staff should not have to wait more than a few minutes for a bus. The journey takes roughly 5 minutes. See the map overleaf.

By Train

Catford Bridge to Ladywell takes 2 minutes on the train. For train times visit www.nationalrail.co.uk

Cycle Information

Cyclists' Handbook

Do you know where the showers are for staff in Catford?

Want to know more about cycling in Lewisham?

You can find the answers to these questions and lots of other handy tips and information in the new Cyclists' Handbook. It's packed full of information, links to websites and details of cycling in Lewisham. Copies are available from the Sustainable Transport team by emailing sustainable.transport@lewisham.gov.uk or on the Intranet.

Cycle parking

Cycle parking is available at main council buildings. Further information is available in the Cyclists' Handbook or from the Sustainable Transport Team on sustainable.transport@lewisham.gov.uk

Cycle training

Have you thought about cycling to work? Maybe you want to get fit, save money or just fancy a change but don't have the confidence to cycle on the roads.

The Road Safety Team has several qualified cycle instructors who are offering a free two hour cycle lesson to staff. The lessons will be tailored to meet your needs, whether you've just learnt to ride, haven't ridden in a while or are a regular cyclist who just wants a few tips and techniques. The instructors will even cycle with you to work or another route that you will use often.

Lessons are available Monday to Friday, and limited availability on Saturday mornings. You must bring your own bike and it must be in roadworthy condition.

For more information or to book a lesson email roadsafetyeducation@lewisham.gov.uk or call 020 8314 2216.

Cycle maps

If you would like a Lewisham cycle map email the Sustainable Transport team on sustainable.transport@lewisham.gov.uk or visit www.tfl.gov.uk/cycling to order maps for the local area.

Pool bikes

Lewisham Council has pool bikes at Catford and Wearside available to staff who have registered with the scheme. Why not hop on one if you need to travel to a local meeting? For more information email the Sustainable Transport team on sustainable.transport@lewisham.gov.uk or call 020 8314 2187.

Walking Benefits

Half of London car journeys are under 2 kilometres - that's just 25 minutes walk and for most people easily within walking distance!

Walking regularly improves your well-being and helps reduce stress. Walking can halve your risk of coronary heart disease and help prevent some cancers.

Walking is free! At most you'll need a comfy pair of shoes or trainers!

Walking leads to a greener planet. Visit www.walkit.com to plan a walking route and see how much CO₂ you would save compared to using your car.

Walk to work

Why not fit some walking into your working day? Whether it's walking to or from work or walking to a meeting instead of taking the bus, you can find out more from Walking Works by visiting www.walkingworks.org.uk. If you live too far from work to walk all the way, why not jump off the bus or train one stop early and walk the final part of your journey?

Oyster card

By getting an Oyster card and keeping some money on it you pay reduced fares on public transport compared to using cash. You can pay using Oyster on buses, Underground, Docklands Light Railway, National Rail and Thames Clipper services. See www.tfl.gov.uk/oyster or call the Oyster helpline on 0845 330 9876 (call charges apply).

This map has been developed as part of Lewisham Council's Staff Travel Strategy to make staff aware of their travel choices, both for travelling to work at the main sites at Catford and Wearside and travelling between these for work.

Lewisham is well served by public transport and one-quarter of the borough is parkland or open space, making the options for using sustainable transport modes realistic and plentiful.



CABWISE 
TEXT:HOME TO:60835

Text CAB to 60835
to get the numbers of
one taxi and two licensed
minicab firms, in the area
you are texting from.

Texts are charged at 35p
per enquiry plus standard
text message rate.

