



**St Mary's Travel Plan Mission Statement**

We are committed to improving the options available for travel and to addressing environmental issues on the campus. As an education provider our Travel Plan extends our commitment to our students beyond simply the delivery of teaching. It enables us to take a more positive role in encouraging them to be more active, healthier and, as a result, more receptive to learning. We are confident that in pursuing our Travel Plan objectives, we will ensure that St Mary's remains an attractive and pleasant place to study, both for our current students and those who want to study with us in the future.

**St Mary's University College**  
Waldegrave Road, Twickenham,  
London TW1 4SX  
t: 020 8240 4000 f: 020 8240 4255  
w: www.smuc.ac.uk

## By Train

Travel direct to Strawberry Hill station from Waterloo station using the Kingston loop line operated by South West Trains. The journey takes about 35 minutes and there are four trains an hour. For train travel from other destinations use the National Rail Enquiries website [www.nationalrail.co.uk](http://www.nationalrail.co.uk) or Transport for London website [www.tfl.gov.uk](http://www.tfl.gov.uk) to plan your journey.

St Mary's is five minutes walk from Strawberry Hill station. After leaving the station, walk past the Post Office on your left and take the second road on your right, Waldegrave Gardens. At the end of Waldegrave Gardens, turn right onto Waldegrave Road. St Mary's Main Reception is on your left.

## By Tube

Travel by the District Line to Richmond Underground station, and then take either the train or bus to Strawberry Hill. See the Transport for London website [www.tfl.gov.uk](http://www.tfl.gov.uk) for more information.

## By Bus

**From Richmond upon Thames**  
Catch the R68 towards Hampton Court from just outside Richmond station, alighting at the Twickenham, King Street stop. Take the 33 towards Fulwell, and get off at the St Mary's stop, just outside Main Reception. Alternatively, take the 33 from Richmond; the bus stop is a 5 minutes walk from Richmond station on Sheen Road.

**From Twickenham or Teddington**  
The 33 heading towards Fulwell stops on Richmond Road, York Street and King Street in Twickenham. The 33 heading towards Hammersmith stops on Stanley Road and Broad Street (Teddington High Street) in Teddington.

## By Air - London Heathrow

Flight information is available at [www.heathrowairport.com](http://www.heathrowairport.com)

**Taking a Taxi**  
From Heathrow airport the cost is approximately £45.

**Taking a Bus**  
Take the X26 or 285 from Heathrow Central bus station towards Kingston alighting at the Teddington Broad Street stop. From the same bus stop take the 33 towards Hammersmith. This short journey to the Waldegrave Road, St Mary's stop only takes a few minutes.

## By Taxi

There is a 24 hour taxi company located on the platform at Strawberry Hill station. There are also phone numbers for taxis listed on the pillar outside St Mary's Main Reception and on the wall just inside the Students' Union.

**CABWISE**  
Text CAB to 60835\* to get the numbers of one taxi and two licensed minicab firms, in the area you are texting from.

\*Text charged at 35p per enquiry plus standard text message rate.

## By Foot

The walking environment in Teddington and Twickenham is generally very pleasant. The roads are paved to a high standard with good quality footpaths. Remember to stay safe whilst walking and travel in a group when appropriate. The journey planner [www.walkit.com](http://www.walkit.com) can help identify walking routes between locations and it also includes an option to use routes away from busy roads. Walk Finder is another useful site where you can choose a route and also find out what is going on in that area [www.walklondon.org.uk/walk\\_finder.asp](http://www.walklondon.org.uk/walk_finder.asp)

The footpaths at St Mary's are managed by the Facilities Team. They are generally well lit, overlooked by CCTV, and have safe road crossing points with dropped curbs and some tactile pavements.

## By Car

In accordance with St Mary's sustainability policy, visitors, staff and students are encouraged to travel to St Mary's by public transport wherever possible. St Mary's is located on Waldegrave Road (A309). Please see the map overleaf or view our website map at [www.smuc.ac.uk/contact/sw-london-map.htm](http://www.smuc.ac.uk/contact/sw-london-map.htm)

**Directions**  
**Approaching St Mary's from the M25 anti-clockwise**  
Exit the M25 at Junction 12 onto the M3. At Sunbury Cross the M3 becomes the A316; remain on the A316 for approx 2 miles. Take the exit marked A312 (Apex Corner). At the roundabout take the third exit, A305 for Twickenham. At the first major lights junction (Shell petrol garage on the left), turn right onto Sixth Cross Road. At the lights, go straight across onto South Road which becomes Stanley Road as it veers to the right. At the lights turn left onto Shacklegate Lane. Turn left at the end of Shacklegate Lane onto Waldegrave Road. St Mary's is located on the right.

**Approaching St Mary's from the M25 clockwise**  
Exit the M25 at Junction 10 onto the A3. Exit the A3 at Esher Common. At the roundabout, take the first exit onto the A244. Follow signs for London (A3) on the A307. At the Scilly Isles (double roundabout) take the first exit onto the A309. Follow the A309 for 2 miles, crossing 2 roundabouts and 1 set of lights. Cross Hampton Court Bridge, with Hampton Court Palace on your right. At the next roundabout take the second exit onto the A308, signposted to Kingston. Follow the road round to the right and continue until you reach a small roundabout at the end of Kingston Bridge. Take the first exit onto the A310 signposted to Twickenham. You will pass Hampton Wick Station on the right. After approximately one mile you will come to a major crossroads (signposted Teddington to the left). Continue straight over this junction following the signs for Twickenham. After a few minutes you will come to a small roundabout. Take the left turn into Waldegrave Road. St Mary's is on the left.

**Parking**  
There are very limited staff and visitor parking spaces available. Day parking information can be found on the portal (<http://portal.smuc.ac.uk/securityandcarparking.html>). Day parking applies to the spaces in front of Reception marked with a 'D'. Priority is given to bookings for business use.

Annual permits are valid between 1st September and 30th June. Only staff who qualify under the Green Travel Plan will be allocated a permit.

We have 10 parking spaces available for students with disabilities; allocation of these bays can be made via the Dyslexia and Disability Co-ordinator.

There are approximately 15 parking spaces available for motorcycles/scooters located by the Piazza.

## By Bike

There are various cycle routes throughout Teddington. The route from Twickenham to Kingston via Strawberry Vale and Broom Road is signed for cyclists. To see all the cycle routes in the vicinity of our campus please see the marked routes overleaf or visit [www.tfl.gov.uk/roadusers/cycling/11607.aspx](http://www.tfl.gov.uk/roadusers/cycling/11607.aspx) for a cycle journey planner site.

St Mary's has over 150 cycle stands. Showers with changing rooms are available to both staff and students alike. For availability of lockers for hire please enquire at Reception. The St Mary's launderette can be found next to L Block.

 [www.facebook.com/yourstmarys](http://www.facebook.com/yourstmarys)

 [www.twitter.com/yourstmarys](http://www.twitter.com/yourstmarys)

## Useful Information for Staff and Students

**Student Oyster Photocard**  
Student Oyster Photocards allow you to purchase discounted bus passes/travelcards from ticket offices. They are about 30% cheaper than normal travel passes. The travelcard allows you to travel by tube, bus, DLR and railway services within Greater London. Apply online for your Student Oyster photocard, via [www.tfl.gov.uk/photocard](http://www.tfl.gov.uk/photocard)

**Staff Season Ticket Loan**  
St Mary's offers interest-free loans to employees solely for the purchase of annual season tickets for travel by rail and bus. The cost of the ticket will be deducted from the employee's salary in instalments of up to 12 months. Please see related Human Resources pages on the portal.

**Streetcar**  
Streetcar have a network of cars across London and several other cities, a VW Polo is parked near Main Reception. Cars can be used for as little as 30 minutes or as long as 6 months. Discounted Membership Fees are available for staff and students. See [www.streetcar.co.uk](http://www.streetcar.co.uk) for more information.

**Staff Cyclescheme**  
St Mary's offers the opportunity to purchase a tax-free bike. For more about the scheme visit the Human Resources portal pages <http://portal.smuc.ac.uk/st-marys-cyclescheme.html> or [www.cyclescheme.co.uk](http://www.cyclescheme.co.uk)

**Dr Bike**  
In partnership with SWELTRAC St Mary's will be holding free Dr Bike sessions. Staff and students are invited to bring their cycles to a session on campus where an expert will carry out a 30 point check.

**St Mary's Staff Pool Bikes**  
There are pool bikes available for short term use. The bikes can be used for journeys such as local meetings or visiting clients. To borrow a bike please email [poolbikes@smuc.ac.uk](mailto:poolbikes@smuc.ac.uk)



# Bus Frequencies

Approximate 10 - 15 min walking time



- 33 Fulwell - Hammersmith** 24 hour ⚡  
Fulwell ⇄ - Teddington Memorial Hospital - Waldegrave Road - Twickenham - Richmond - North Sheen ⇄ - Mortlake ⇄ - Barnes ⇄ - Castlenau - Hammersmith ⚡  
Monday - Saturday daytime 6-10 minutes. Evenings and Sunday 15-20 minutes. Operated by Transdev
- 110 Twickenham - Hounslow** Daily ⚡  
Twickenham - Heath Road - Powder Mill Lane - Hounslow  
Monday - Saturday daytime 20 minutes. Evenings and Sunday 30 minutes. Operated by Transdev
- 267 Hampton Court - Hammersmith** Daily ⚡  
Hampton Court ⇄ - Fulwell ⇄ - Hampton Road - Twickenham ⇄ - Isleworth - Brentford - Kew Bridge ⇄ - Gunnersbury ⚡ - Stamford Brook - Hammersmith ⚡  
Monday - Friday daytime 8-12 minutes. Saturday daytime 11-12 minutes. Evenings and Sunday 15-20 minutes. Operated by Transdev
- 281 Hounslow - Tolworth** 24 hour ⚡  
Hounslow ⇄ - Twickenham ⇄ - Hampton Road - Fulwell ⇄ - Teddington Memorial Hospital - Hampton Wick ⇄ - Kingston ⇄ - Kingston University - Surbiton ⇄ - Tolworth  
Monday - Saturday daytime 6-10 minutes. Evenings and Sunday 10-13 minutes. Operated by Transdev
- 290 Staines - Twickenham** Daily ⚡  
Staines ⇄ - Ashford - Hanworth - Hampton Road - Twickenham  
Monday - Saturday daytime 20 minutes. Evenings and Sunday 20-30 minutes. Operated by London United
- 490 Heathrow Airport (Terminal 5) - Richmond** Daily ⚡  
Heathrow Airport (Terminal 5) ⚡ - Heathrow Airport (Terminal 4) ⚡ - Hatton Cross ⚡ - Feltham ⇄ - Hanworth - Heath Road - Richmond ⚡ - Richmond Pools on the Park  
Monday - Saturday daytime 10-13 minutes. Evenings and Sunday 20 minutes. Operated by Abellio
- H22 Hounslow - Richmond** Daily ⚡  
Hounslow - Whitton ⇄ - Heath Road - Richmond ⚡ - Richmond Manor Circus  
Monday - Friday daytime 10-14 minutes. Saturday daytime 10-13 minutes. Evenings and Sunday 20 minutes. Operated by Transdev
- R68 Hampton Court - Kew** Daily ⚡  
Hampton Court ⇄ - Hampton Hill - Teddington Memorial Hospital - Strawberry Vale - Twickenham - Richmond ⚡ - Kew  
Monday - Saturday daytime 15 minutes. Evenings and Sunday 15-20 minutes. Operated by Abellio
- R70 Hampton - Richmond** Daily ⚡  
Hampton - Nurserylands - Hampton Hill - Fulwell ⇄ - Hampton Road - Twickenham - Richmond ⚡ - Richmond Manor Circus  
Monday - Friday daytime 6-12 minutes. Saturday daytime 9-10 minutes. Evenings and Sunday 20 minutes. Operated by Abellio

**KEY**

- R68 Convenient Bus Routes
- Twickenham 290 Route Terminus
- X26 Route with Limited Stops
- On Road Cycle Route
- Closest Bus Stops
- National Rail Station
- Limited Service
- Off Road Cycle Route

Approx. 400m in 5 mins

For further information call 0843 222 1234\* or visit [www.tfl.gov.uk](http://www.tfl.gov.uk)  
\*You pay no more than 5p per minute if calling from a BT landline. There may be a connection charge. Charges from mobiles or other landline providers may vary.