Travel to Aylesbury Town Centre



Catch the Bus

Catching the bus in Aylesbury couldn't be easier. All routes call at the Bus Station in the centre of town, while many call at the Railway Station and High Street too. Areas within Aylesbury town are served by the Rainbow Routes network www.rainbowroutes.co.uk This is a colour coded network of buses running on

There are also great links for those wishing to travel further afield, with services every 20 to 30 minutes to Oxford, Milton Keynes, High Wycombe, Watford and Wendover.

average every 15-20 minutes between the

town's estates and the town centre.

Timetables for all Aylesbury services can be found on www.buckscc.gov.uk/transport

Alternatively why not track your bus's journey in real time. Live departure times can be accessed via sms, mobile internet or online. Go to www.nextbus.travel to find out more.



Walking

Walking is a fantastic way to get, and stay, healthy. Because it's easy to fit into everyday life, people who walk tend to keep it up and therefore help to improve their health.

Walking is free and does not require any special equipment, just some comfortable shoes and perhaps an umbrella. Get your 30 minutes of exercise a day wherever you are.

Why not:

- Park in a car park outside of town and walk a bit further into the office
- Stretch your legs during your lunch hour
- Get off the bus (or train) one stop early and walk the last part of your journey
- Join your local walking group

Walking can help to improve the environment. Visit www.walkit.com the urban walking route planner - get a route map between any two points. This information will include your journey time, calorie burn, step count and carbon saving. It's quick, free, healthy and green.

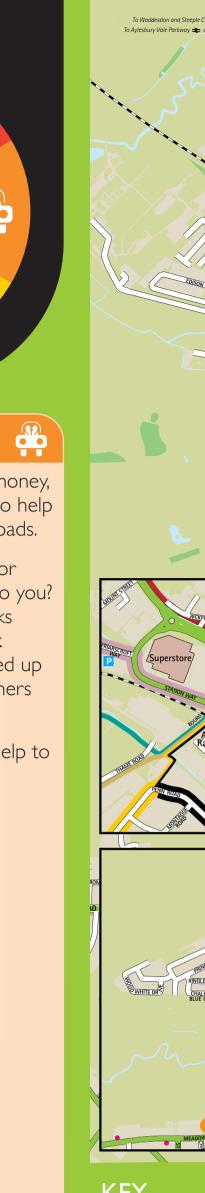
Car Sharing

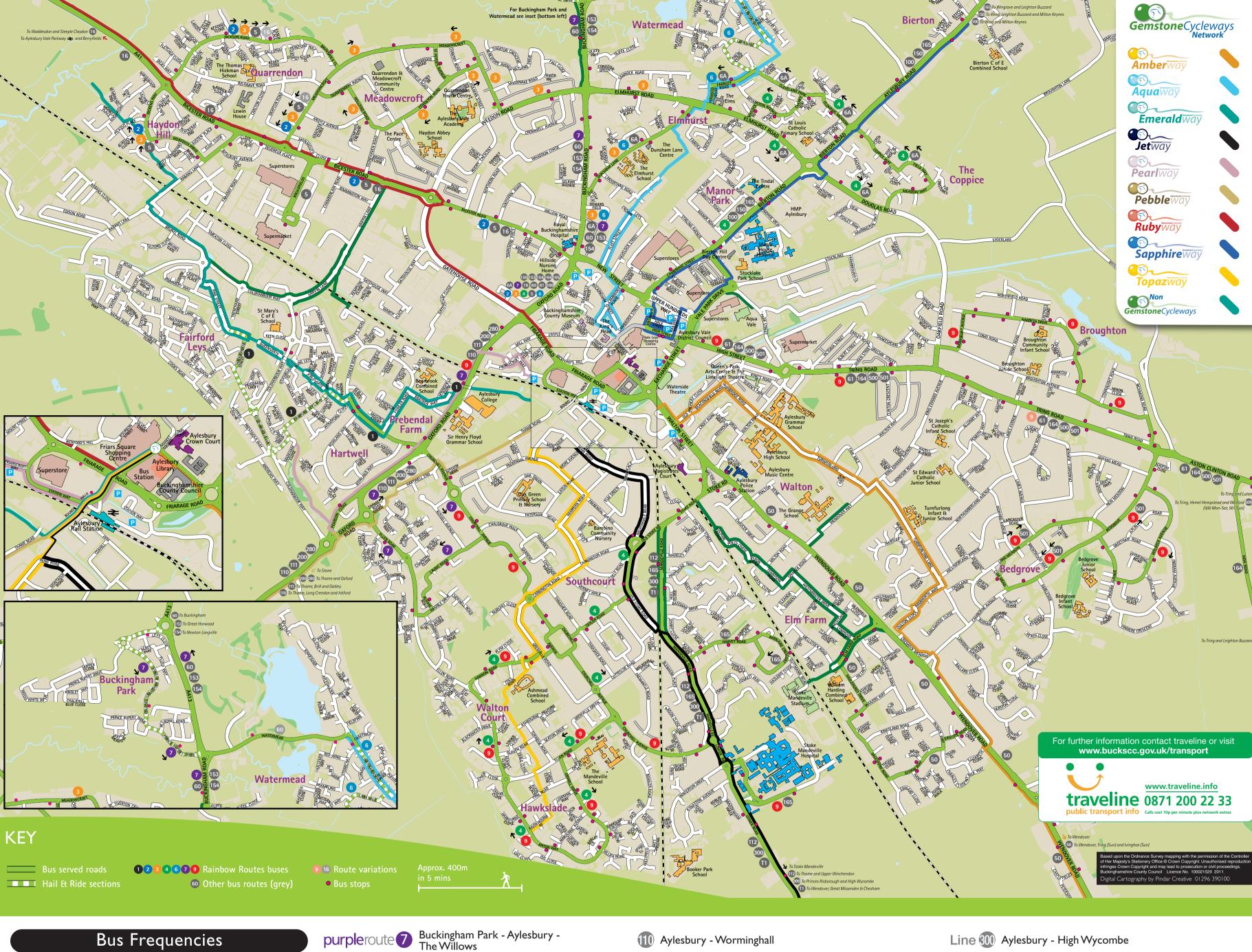
Sharing your car journey will save you money, help relieve the stress of driving, and also help to reduce congestion on the county's roads.

Why not find out if your friends, family or colleagues are making similar journeys to you? If none of them are, you could join Bucks Carshare on www.buckscarshare.co.uk With over 1,600 members already signed up to car sharing there area plenty of partners available to be matched with.

Sharing your car j<mark>ust once a wee</mark>k will help to reduce your carbon footprint by 20%!







Cycling

Don't live life behind a window, get on your bike and seek out a side of Aylesbury that you would never have seen by car.

The Gemstone cycle routes are safe, mostly off road and easy to cycle with family and friends, on the commute or for leisure. The routes connect residential areas in Aylesbury with the town centre, attractions and amenities, and there is plenty of cycle parking available.

Cycling is fun and a great way to stay fit and healthy so why not get on your bike and discover some of Aylesbury's hidden treasures along the way!

To download information on cycle routes, cycle safety, games, competitions, and the latest events and cycle training log on to www.cycleaylesbury.co.uk



Catch the Train

Aylesbury has two railway stations: Aylesbury Station, located in the town centre. and Aylesbury Vale Parkway to the north west of the town. Frequent trains operate between these stations and the centre of London, stopping at several locations along the way, including Stoke Mandeville, Wendover, Great Missenden and Amersham.

Trains are also available from Aylesbury Station to Princes Risborough where you can connect with services going to High Wycombe, Bicester North and Birmingham.

These trains are run by Chiltern Railways. To find out times or purchase tickets go to www.chilternrailways.co.uk

If you are planning a journey further afield please go to www.nationalrail.co.uk or call **08457 48 49 50**.

Remote Working

You could save yourself some valuable time, money and also help the environment by trying alternatives to travel.

Think about whether it is actually necessary to make your journey by considering other options such as working from home, teleconferencing, or shopping online.

If any of these options are possible for you, why not give them a try!

Fairford Leys - Fowler Road - Aylesbury College - Station Boulevard -

Operated by Z & S International

Haydon Hill - Quarrendon - Meadowcroft - Dunsham Lane -Station Boulevard - Bus Station

Monday to Saturday up to every 20 minutes. No service on Sunday.

The Coppice - Elmhurst - Bus Station - Southcourt -Mandeville School - Walton Court

Monday to Sunday up to every 30 minutes.

waterrider 6 Watermead - Aylesbury

Watermead - Cleveland Park - Dunsham Lane - Station Boulevard -

Monday to Saturday up to every 20 minutes. No service on Sunday.

Operated by Redline Buses

All bus frequencies and routes up to date from 1st October 2011

silverrider 1 Fairford Leys - Aylesbury

Monday to Saturday up to every 15 minutes. No service on Sunday.

blueroute 2 Haydon Hill - Aylesbury

Haydon Hill - Quarrendon - Bicester Road - Station Boulevard - Bus Station Monday to Saturday up to every 15 minutes. No service on Sunday.

orangeroute Haydon Hill - Aylesbury

green route 4 The Coppice - Aylesbury - Walton Court

Monday to Saturday up to every 15 minutes. No service on Sunday.

Haydon Hill - Tesco Broadfields - Aylesbury

Haydon Hill - Quarrendon - Tesco Broadfields - Station Boulevard -**Bus Station**

> Operated by Star Travel Line 100 150 Aylesbury - Milton Keynes

> > Aylesbury - Bierton - Wingrave - Wing - Leighton Buzzard (150 only) -

Monday to Saturday up to every 30 minutes. Sunday up to every 2 hours (150 only).

Aylesbury - Stone - Cuddington - Long Crendon - Thame - Worminghall Monday to Saturday up to every 2 hours. No service on Sunday.

111 112 Aylesbury - Oakley/Upper Winchendon

I-3 journeys per day. No service on Saturday or Sunday.

Thame - Brill/Oakley/Upper Winchendon

153 Aylesbury - Great Horwood

154 Aylesbury - Newton Longville

(64) Aylesbury - Leighton Buzzard

2 return journeys, Wednesday only.

Great Horwood

Newton Longville

I return journey, Friday only.

Aylesbury - Haddenham - Cuddington - Chearsley - Long Crendon -

Aylesbury - Weedon Hill - Stewkley - Mursley - Little Horwood -

Aylesbury - Weedon - Stewkley - Soulbury - Stoke Hammond -

Aylesbury - Aston Clinton - Tring - Cheddington - Leighton Buzzard

65 Stoke Mandeville Hospital - Aylesbury - Leighton Buzzard

Monday to Saturday 5-6 return journeys. No service on Sunday.

Stoke Mandeville Hospital - Aylesbury - Bierton - Wingrave - Wing -

Monday to Saturday up to every 2 hours. No service on Sunday.

redroute 9 Bedgrove - Aylesbury - Stoke Mandeville Hospital Bedgrove - Broughton - Tring Road - Bus Station - Aylesbury College -

Buckingham Park - Station Boulevard - Bus Station - Aylesbury College -

Monday to Saturday up to every 20 minutes. No service on Sunday.

Southcourt - Walton Court - Mandeville School - Stoke Mandeville Hospital Monday to Saturday up to every 15 minutes. Sunday up to every 30 minutes (Bus Station to Walton Court only).

16 Aylesbury - Waddesdon - Bicester

Aylesbury - Waddesdon - Quainton - Steeple Claydon -

Lavric Road - The Willows

Marsh Gibbon - Bicester Monday to Friday up to every hour between Aylesbury and Waddesdon ess frequent to Steeple Claydon and Bicester. Saturday up to every 2 hours to Bicester. No service on Sunday.

Line 50 Aylesbury - Halton Camp/Ivinghoe

Aylesbury - Elm Farm - Stoke Mandeville - Weston Turville - Wendover -Halton Camp (- Ivinghoe - Marsworth certain journeys) Monday to Saturday up to every 30 minutes (1 journey to lyinghoe) Sunday 3 return journeys to Ivinghoe.

Operated by Arriva (Monday to Saturday) Operated by Redline Buses (Sunday)

Line 60 Aylesbury - Buckingham

Aylesbury - Weedon - Whitchurch - Oving - North Marston -Granborough - Winslow - Padbury - Buckingham Monday to Saturday up to every hour. Sunday 4 return journeys.

> Operated by Arriva (Monday to Saturday) Operated by Redline Buses (Sunday)

Leighton Buzzard

Line 200 280 Aylesbury - Oxford

Aylesbury - Stone - Haddenham - Thame - Tiddington - Wheatley (280 only) -Headington - Oxford

Monday to Friday up to every 20 minutes. Saturday up to every 30 minutes. Sunday up to every hour. Operated by Arriva Aylesbury - Stoke Mandeville Hospital - Stoke Mandeville -

Butlers Cross - Princes Risborough - Naphill - High Wycombe Monday to Saturday up to every 20 minutes. Sunday up to every hour.

Line 500 Aylesbury - Watford

Aylesbury - Aston Clinton - Tring - Berkhamsted - Hemel Hempstead -Kings Langley - Watford

Monday to Saturday up to every 30 minutes. No service on Sunday. Line 501) Aylesbury - Watford

Aylesbury - Aston Clinton - Tring - Berkhamsted - Hemel Hempstead -Kings Langley - Watford Operated by Redline Buses Sunday only up to hour.

Operated by Red Rose



Operated by Red Kite

Operated by Redline Buses and Red Kite

Operated by Z & S International

Aylesbury - Stoke Mandeville - Wendover - Great Missenden - Chesham Monday to Friday up to every 2 hours. No service on Saturday or Sunday.



Scan the code on the left using your phone's QR code reader to link straight to www.buckscc.gov.uk/transport for service information

Transport for Buckinghamshire **Buckinghamshire County Council** County Hall, Walton Street, Aylesbury Bucks HP20 1UY

t: 0845 230 2882 w: www.buckscc.gov.uk/transport





