

Oban

Oban, the ‘Gateway to the Isles’, also known as the ‘Seafood Capital of Scotland’, has a distinct blend of history and culture unlike anywhere else in Scotland.

The town cascades down the woodland-clad slopes from the iconic silhouette of McCaig’s Tower to a bustling and vibrant centre packed with shops, restaurants and tourist attractions such as Oban Distillery.



Oban, with the prominent McCaig’s Tower sitting atop Battery Hill



A view of Oban Bay

Cycling Tips

Look behind you

Always look behind you before making a manoeuvre, particularly when turning right.

Do not use mobile phones or music systems

You need to be able to hear what is happening around you and be fully concentrated on your actions.

Cycling in numbers

It is recommended that you cycle in single file and never cycle more than two bikes side by side.

Never cycle on the pavement

Unless it is a designated cycle lane, shared route or core path it is against the law to cycle on the pavement, you should walk alongside your bike.



Oban Bay, showing the town of Oban and the Ferry Terminal

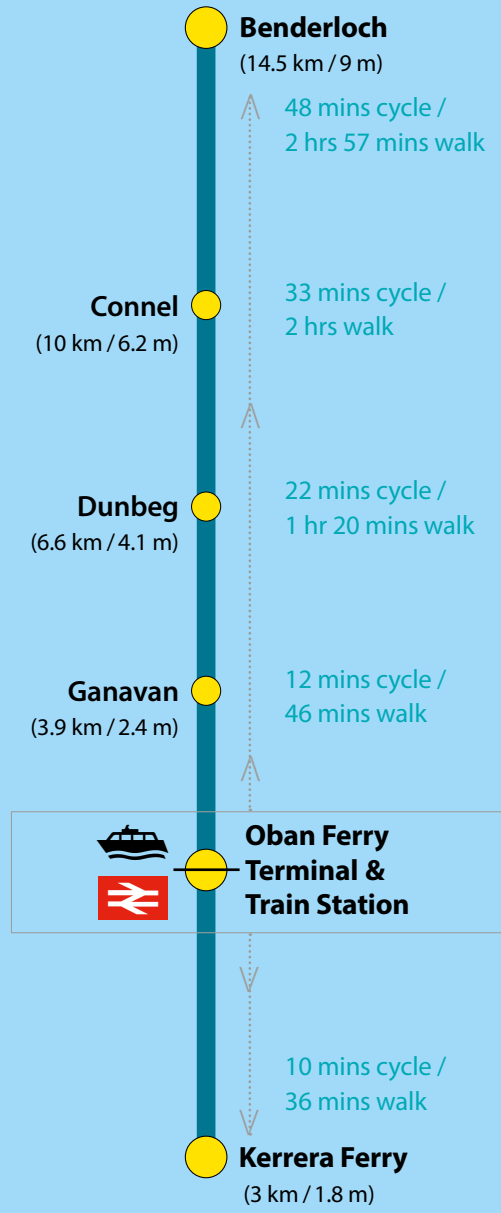


Benderloch supermarket

Estimated leisurely travel times

Walking times calculated at a steady pace of 5 km per hour (approximately 3 miles per hour).

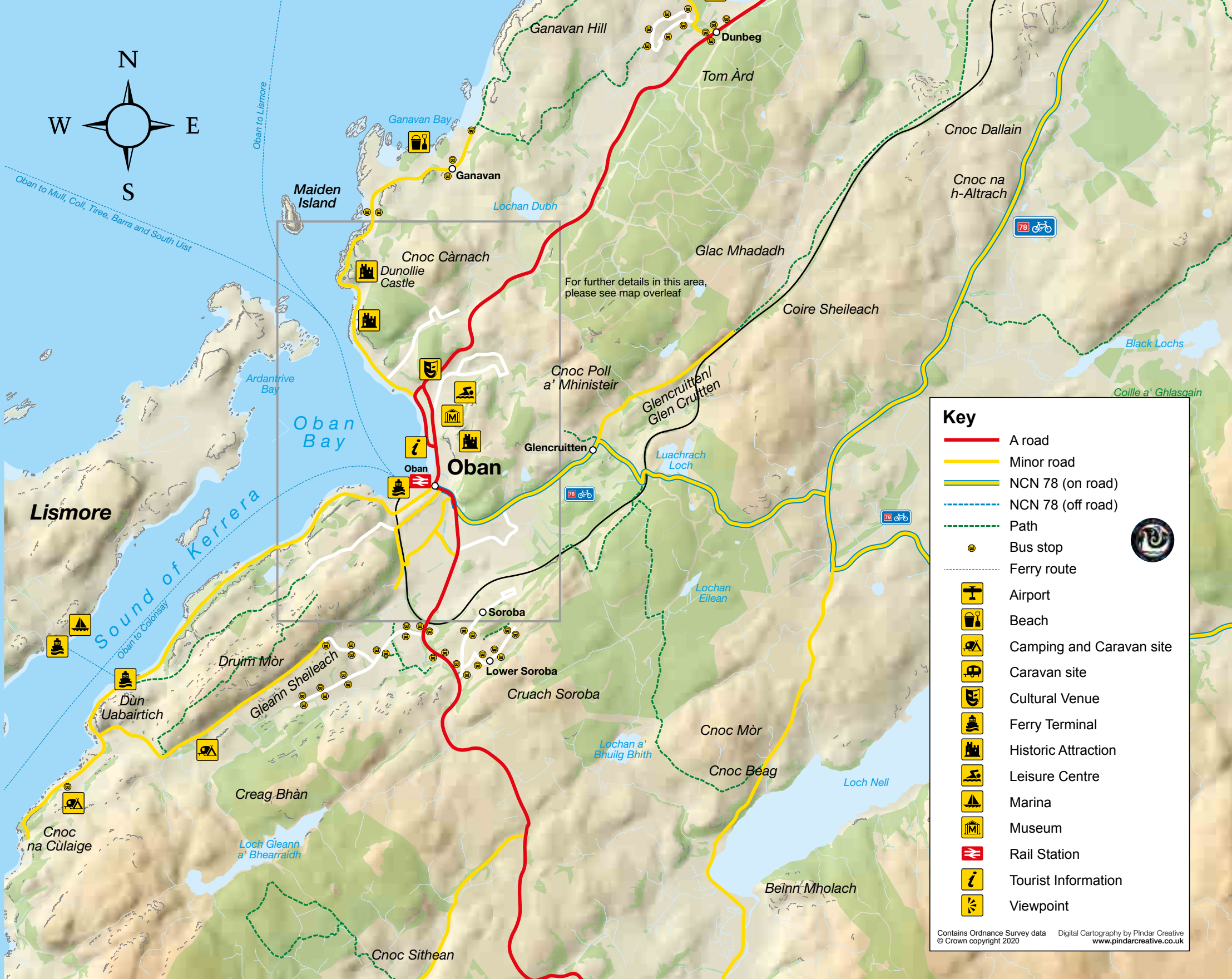
Cycling times calculated at a steady pace of 18km per hour (approximately 11 miles per hour).



Tralee Bay



Dunollie Castle, located on a hill looking over Oban Bay and outlying isles



walking and cycling in Oban



Ganavan Bay, with its panoramic views and breathtaking walks



A stunning view of the Sound of Kerrera

Why Active Travel?

With 33.9% of car journeys in Scotland being less than 2 miles in length, there are huge potential benefits in promoting walking and cycling as alternative means of transport.

If more people walk or cycle, we can:

- ✓ Ease congestion
- ✓ Reduce noise pollution
- ✓ Cut exhaust emissions
- ✓ Improve our health

Active travel is also a great way to relax, giving us more time to enjoy our environment and improve our work-life balance.

Argyll & Bute Council, Transport Scotland, Sustrans, Paths for All, Cycling Scotland and Cycling UK continue to work towards improving the walking and cycling environment in the Oban area.

We hope this map will encourage visitors and residents to make the most of cycling and walking in and around the town of Oban.

Web Links

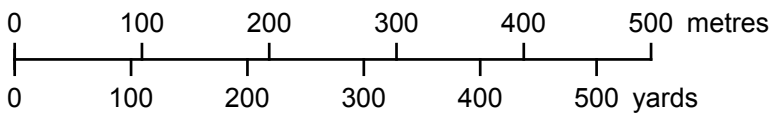
Argyll & Bute Council  
[www.argyll-bute.gov.uk](http://www.argyll-bute.gov.uk)





▲ To Dunbeg and Dunstaffnage  
via Ganavan NCN78

To Oban Airport and Fort William ►



### Key

- Paths
- Ferry route
- Bus stop
- Beach
- Bunk House
- Bus Station
- Cinema
- Cultural Venue
- Distillery
- Ferry terminal
- Historic Attraction
- Hospital with A&E Department
- Leisure Centre
- Museum
- Play Park
- Tourist Information
- Train Station
- Viewpoint
- Walking Trail
- Youth Hostel

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www.pindarcreative.co.uk

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